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Docket No. ALL-T101D1 Serial No. 10/643,298

In the Claims

This listing of claims will replace all prior versions and listings of claims in this application.

l (currently amended). A composition for stimulating muscle growth, wherein said composition has an <u>essential</u> amino acid component that consists <u>essentially</u> of a muscle growth stimulating effective amount of L-arginine and, optionally, one or more amino acids selected from the group consisting of L-leucine, L-isoleucine[[,]] and L-valine and wherein said composition further comprises any one or combination of ingredients selected from the group consisting of chromium; choline; sodium borate; and vitamin B5.

2 (previously presented). The composition, according to claim 1, wherein said L-arginine is present in an amount of 1.0 g to 60.0 g per serving.

3 (currently amended). The composition, according to claim 1, wherein said composition comprises per serving:

L-Arginine	1.0-60.0 g
L-Leucine	25-200 mg
L-Isoleucine	25-200 mg
L-Valine	25-200 mg
Chromium	10-50 mcg
Choline	10.0-700 mg.

4 (Cancelled).

5 (currently amended). The composition, according to claim 1, wherein choline is present in said composition in an amount of [[700]] 50 mg, or less, per serving.

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6 (currently amended). A method for stimulating growth of muscle in a mammal, said method comprising administering to a mammal a muscle growth stimulating amount of a composition having an <u>essential</u> amino acid component that consists <u>essentially</u> of L-arginine and, optionally, one or more amino acids selected from the group consisting of L-leucine, L-isoleucine[[,]] and L-valine; and wherein said composition, further comprises any one or combination of ingredients selected from the group consisting of chromium; choline; sodium borate; and vitamin B5.

7 (original). The method, according to claim 6, wherein said composition is orally administered.

8 (currently amended). The method, according to claim 6, wherein said L-arginine is present in an amount of from 1.0 to 60.0 g per serving.

9 (currently amended). The method, according to claim 6, wherein the composition comprises per serving:

L-Arginine	1.0-60.0 g
1Leucine	25-200 mg
L-Isoleucine	25-200 mg
L-Valine	25-200 mg
Chromium	10-50 mcg
Choline	10.0-700 mg.

10 (cancelled).

11 (currently amended). The method, according to claim 6, wherein choline is present in said composition in an amount of [[700]] 50 mg, or less, per serving.

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12 (currently amended). A method for stimulating an immune response in a mammalian organism, said method comprising administering to a mammal in need thereof an effective amount of a composition having an <u>essential</u> amino acid component that consists <u>essentially</u> of Larginine and, optionally, one or more amino acids selected from the group consisting of Leucine, Laisoleucine [[,]] and Lavaline; and wherein said composition, further comprises any one or combination of ingredients selected from the group consisting of chromium; choline; sodium borate; and vitamin B5.

13 (previously presented). The method according to claim 12, wherein said L-arginine is administered intravenously as an aqueous solution in an amount of 1-10 grams per day.

14 (original). The method according to claim 12, wherein said L-arginine is administered in association with an immune system stimulation.

15 (previously presented). The method according to claim 14, wherein said immune system stimulator is vitamin C and is administered in an amount of 1-10 grams per day.